

# Red Time Management

## Refresh your mind

Managing time is crucial in any walk of life. In today's world, where communication is instant and work sometimes never-ending, being able to control how you spend your time is more important than ever.

Red Time Management is a new service from Blackwell Water Consultancy Ltd that shows how you can increase your effectiveness and efficiency at work and at home. We've taken a fresh approach to managing time and work load that is structured enough to be organised yet flexible enough to fit a wide range of work and home lives. This approach, and our unique *Ten Aims of Time Management*, will give you back the control you need at work and the time you need at home.

Put our services to the test, contact us for a free consultation today.

### INNOVATIVE TIME MANAGEMENT

Our approach takes the best bits of established time management techniques and adds our own unique approach based on experience of working in many industries. Discover how you can reduce stress and increase your effectiveness



### FLEXIBLE DELIVERY

One-to-one sessions, seminars, half-day or full-day coaching, we're happy to deliver our sessions in the way that fits you best. Our follow-up service can also help to make sure you stay on track in a flexible and straightforward manner.

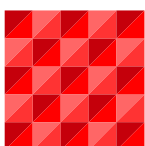
PRODUCTIVITY

ORGANISATION

EFFECTIVENESS

COACHING

SUPPORT



# RED

Time Management

Contact: David Brydon | (07704) 845 782